



## 21. 400 m FREESTYLE WOMEN

Record Monde 3:59.15 établi par Federica PELLEGRINI (ITALY) le 26/07/2009 à ROME (ITA)

Record Europe 3:59.15 établi par Federica PELLEGRINI (ITALY) le 26/07/2009 à ROME (ITA)

Record du Meeting 4:02.84 établi par Camille MUFFAT (OLYMPIC NICE NATATION) le 09/06/2013 à MONACO

Rk	Name	Ctry	Naiss	Club	Time - React - Rem	Pts	50m	100m	150m	200m	250m	300m	350m
1.	Katinka HOSSZU	HUN	1989	HUNGARY	4:05.51 (0.70)	924	28.30	58.84	1:29.86	2:00.75	2:32.32	3:03.97	3:35.19
2.	Camille MUFFAT	FRA	1989	OLYMPIC NICE NATATION	4:07.11 (0.68)	906	28.43	58.92	1:30.44	2:01.87	2:33.30	3:04.84	3:36.00
3.	Karin PRINSLOO	RSA	1989	SOUTH AFRICA	4:08.50 (0.83)	891	29.47	1:01.21	1:32.43	2:04.06	2:35.44	3:07.27	3:38.43
4.	Charlotte BONNET	FRA	1995	OLYMPIC NICE NATATION	4:10.93 (0.70)	865	28.79	59.55	1:31.23	2:03.20	2:35.49	3:07.65	3:39.96
5.	Lauren BOYLE	NZL	1987	NEW ZEALAND	4:11.18 (0.77)	863	29.51	1:00.77	1:32.36	2:03.84	2:35.69	3:07.58	3:39.70
6.	Mélanie COSTA	ESP	1989	SPAIN	4:14.47 (0.74)	830	29.26	1:00.73	1:33.10	2:05.21	2:37.48	3:09.60	3:42.21
7.	Camilla HATTERSLEY	GBR	1995	GREAT BRITAIN	4:16.68 (0.77)	808	29.79	1:02.07	1:34.77	2:07.26	2:40.05	3:12.79	3:45.49
8.	Julie Aglund LAURIDSEN	DEN	1996	DENMARK	4:17.05 (0.78)	805	30.60	1:03.28	1:35.40	2:07.88	2:40.57	3:13.10	3:45.68
9.	Antonia MASSONE	GER	1997	SSG SAAR MAX RITTER	4:17.07 (0.65)	805	30.63	1:02.98	1:35.16	2:07.47	2:40.37	3:13.00	3:45.73
10.	Julia HASSLER	LIE	1993	SC USTER WALLISELLEN	4:18.19 (0.84)	794	30.66	1:03.40	1:35.76	2:08.51	2:40.81	3:13.53	3:46.19
11.	Beatriz GOMEZ	ESP	1994	SPAIN	4:20.09 (0.74)	777	30.02	1:02.67	1:36.16	2:09.37	2:42.24	3:15.32	3:47.97
12.	Marlies ROSS	RSA	1991	SOUTH AFRICA	4:20.68 (0.73)	772	30.14	1:02.45	1:35.39	2:08.53	2:41.63	3:14.80	3:48.00
13.	Alizée MOREL	FRA	1995	OLYMPIC NICE NATATION	4:21.07 (0.73)	768	30.39	1:03.03	1:35.93	2:09.25	2:42.28	3:15.67	3:48.89
14.	Lara GRANGEON	FRA	1991	CN CALEDONIENS	4:21.55 (0.66)	764	30.56	1:03.29	1:36.43	2:09.65	2:42.75	3:15.98	3:49.09
15.	Danielle VILLARS	SUI	1993	LIMMAT SHARKS ZÜRICH	4:22.98 (0.72)	752	30.12	1:02.94	1:36.46	2:10.00	2:43.51	3:17.05	3:50.83
16.	Maj HOWARDSEN	DEN	1997	DENMARK	4:23.15 (0.78)	750	30.99	1:03.40	1:36.58	2:09.37	2:43.03	3:16.28	3:50.03
17.	Marina GARCIA	ESP	1994	SPAIN	4:30.61 (0.76)	690	30.51	1:03.99	1:38.44	2:13.16	2:47.35	3:22.02	3:56.38
18.	Lindsay MCLEOD	RSA	1991	SOUTH AFRICA	4:30.80 (0.77)	688	30.49	1:03.91	1:38.56	2:13.48	2:48.48	3:23.43	3:57.72
19.	Signe BRO	DEN	1999	DENMARK	4:30.90 (0.85)	687	30.65	1:04.11	1:38.54	2:13.35	2:48.31	3:23.16	3:57.91
20.	Lisa POU	FRA	1999	AS MONACO NATATION	4:35.68 (0.77)	652	32.11	1:07.07	1:41.17	2:16.05	2:51.03	3:26.61	4:01.30
21.	Marion ABERT	FRA	1993	MONTPELLIER ANUC	4:35.79 (0.77)	652	30.88	1:04.65	1:39.32	2:14.38	2:49.95	3:25.87	4:01.57
22.	Anais ARLANDIS	FRA	1997	OLYMPIC NICE NATATION	4:46.75 (0.65)	580	31.97	1:07.41	1:43.44	2:20.27	2:57.23	3:34.62	4:11.07
23.	Danaé PELLIZZONI	FRA	1999	AS MONACO NATATION	4:57.77	518	33.30	1:11.09	1:49.23	2:27.36	3:05.56	3:43.80	4:21.92
24.	Anastasia GIOLLO	ITA	1999	AS MONACO NATATION	4:58.22	515	34.17	1:11.99	1:50.09	2:28.41	3:06.64	3:44.53	4:22.48
25.	Claudia VERDINO	MON	2001	FEDERATION MONEGASQUE	5:17.27	428	36.63	1:16.69	1:56.62	2:37.07	3:17.10	3:57.60	4:37.12