



**MARE NOSTRUM MONACO**  
MONACO  
from 16th to 17th June 2018 - 50m pool



**Results**

[FINA quotation]

**Records du 400 Nage Libre Dames**

Records du Monde: **3:56.46** LEDECKY Katie (1997) USA 07/08/2016 RIO DE JANEIRO  
Records d'Europe: **3:59.15** PELLEGRINI Federica (1988) ITA 26/07/2009 ROME  
Mare Nostrum Records: **4:02.84** MUFFAT Camille (1989) FRA 09/06/2013 MONACO  
Meeting Records: **4:02.84** MUFFAT Camille (1989) FRA 09/06/2013 MONACO

**Prelim : 400 Freestyle Women**

[Sunday, 17/06/2018]

1.	BI Wenxin	1999	CHN	CHINA SWIMMING ASSOCIATION	+0.74	<b>4:12.41</b>	<b>822 pts</b>
50 m :	29.22 (29.22)	100 m :	1:00.93 (31.71) [1:00.93]	150 m :	1:33.29 (32.36)	200 m :	2:05.60 (32.31) [1:04.67]
250 m :	2:37.59 (31.99)	300 m :	3:09.49 (31.90) [1:03.89]	350 m :	3:41.14 (31.65)	400 m :	4:12.41 (31.27) [1:02.92]
2.	HO Nam wai	2002	HKG	HONG KONG AMATEUR SWIMMING ASSOC...	+0.63	<b>4:16.35</b>	<b>784 pts</b>
50 m :	29.54 (29.54)	100 m :	1:01.47 (31.93) [1:01.47]	150 m :	1:34.10 (32.63)	200 m :	2:06.67 (32.57) [1:05.20]
250 m :	2:39.44 (32.77)	300 m :	3:12.12 (32.68) [1:05.45]	350 m :	3:44.67 (32.55)	400 m :	4:16.35 (31.68) [1:04.23]
3.	MEDER Rebecca	2002	RSA	SWIMMING SOUTH AFRICA	+0.74	<b>4:17.34</b>	<b>775 pts</b>
50 m :	29.57 (29.57)	100 m :	54.89 (25.32) [54.89]	150 m :	1:34.40 (39.51)	200 m :	2:06.96 (32.56) [1:12.07]
250 m :	2:39.80 (32.84)	300 m :	---	350 m :	3:45.72 (1:05.92)	400 m :	4:17.34 (31.62) [2:10.38]
4.	CHEN Yejie	2001	CHN	CHINA SWIMMING ASSOCIATION	+0.67	<b>4:17.95</b>	<b>770 pts</b>
50 m :	30.64 (30.64)	100 m :	1:03.04 (32.40) [1:03.04]	150 m :	1:35.38 (32.34)	200 m :	2:07.92 (32.54) [1:04.88]
250 m :	2:40.33 (32.41)	300 m :	3:13.21 (32.88) [1:05.29]	350 m :	3:46.10 (32.89)	400 m :	4:17.95 (31.85) [1:04.74]
5.	POU Lisa	1999	FRA	AS MONACO NATATION	+0.73	<b>4:21.84</b>	<b>736 pts</b>
50 m :	31.00 (31.00)	100 m :	1:04.02 (33.02) [1:04.02]	150 m :	1:37.51 (33.49)	200 m :	2:10.73 (33.22) [1:06.71]
250 m :	2:43.07 (32.34)	300 m :	3:15.96 (32.89) [1:05.23]	350 m :	3:49.07 (33.11)	400 m :	4:21.84 (32.77) [1:05.88]
6.	PAMMER Cornelia	2000	AUT	AUSTRIAN SWIMMING FEDERATION	+0.77	<b>4:32.23</b>	<b>655 pts</b>
50 m :	30.76 (30.76)	100 m :	1:03.27 (32.51) [1:03.27]	150 m :	1:35.94 (32.67)	200 m :	2:10.04 (34.10) [1:06.77]
250 m :	2:44.88 (34.84)	300 m :	3:20.82 (35.94) [1:10.78]	350 m :	3:57.14 (36.32)	400 m :	4:32.23 (35.09) [1:11.41]
---	STEPHENS Laura	1999	GBR	PLYMOUTH LEANDER		<b>DNS</b>	<b>dec</b>