



MARE NOSTRUM MONACO

MONACO
from 16th to 17th June 2018 - 50m pool



Results

[FINA quotation]

Records du 400 4 Nages Messieurs

Records du Monde: **4:03.84** PHELPS Michael (1985) USA 10/08/2008 PÉKIN
Records d'Europe: **4:06.16** CSEH Laszlo (1985) HUN 10/08/2008 PÉKIN
Mare Nostrum Records: **4:07.96** CSEH Laszlo (1985) HUN 14/06/2008 CANET EN ROUSSILLON
Meeting Records: **4:10.58** SETO Daiya (1994) JPN 14/06/2015 MONACO

Prelim : 400 Medley Men

[Sunday, 17/06/2018]

1.	CHRISTIANSEN Henrik	1996	NOR	NORWAY	+0.74	4:22.60	800 pts		
50 m :	28.16 (28.16)	100 m :	1:00.60 (32.44)	[1:00.60]	150 m :	1:35.58 (34.98)	200 m :	2:09.25 (33.67)	[1:08.65]
250 m :	2:46.42 (37.17)	300 m :	3:24.18 (37.76)	[1:14.93]	350 m :	3:54.15 (29.97)	400 m :	4:22.60 (28.45)	[58.42]
2.	TAKEDA Shogo	1995	JPN	JAPAN SWIMMING FEDERATION	+0.74	4:23.99	788 pts		
50 m :	28.01 (28.01)	100 m :	1:00.50 (32.49)	[1:00.50]	150 m :	1:33.69 (33.19)	200 m :	2:06.80 (33.11)	[1:06.30]
250 m :	2:46.08 (39.28)	300 m :	3:25.49 (39.41)	[1:18.69]	350 m :	3:55.30 (29.81)	400 m :	4:23.99 (28.69)	[58.50]
3.	ZHILKIN Andrey	1995	RUS	RUSSIAN SWIMMING FEDERATION	+0.70	4:26.25	768 pts		
50 m :	27.93 (27.93)	100 m :	1:01.37 (33.44)	[1:01.37]	150 m :	1:36.49 (35.12)	200 m :	2:10.71 (34.22)	[1:09.34]
250 m :	2:48.48 (37.77)	300 m :	3:26.29 (37.81)	[1:15.58]	350 m :	3:57.11 (30.82)	400 m :	4:26.25 (29.14)	[59.96]
4.	BALLESTER PUIG Joan	1995	ESP	FEDERACIÒ CATALANA DE NATACIÒ	+0.69	4:32.19	718 pts		
50 m :	27.53 (27.53)	100 m :	59.91 (32.38)	[59.91]	150 m :	1:37.27 (37.36)	200 m :	2:13.97 (36.70)	[1:14.06]
250 m :	2:49.81 (35.84)	300 m :	3:26.30 (36.49)	[1:12.33]	350 m :	3:59.98 (33.68)	400 m :	4:32.19 (32.21)	[1:05.89]
5.	TIA Faang der	1997	MAS	AMATEUR SWIMMING UNION OF MALAYSIA	+0.61	4:35.42	693 pts		
50 m :	28.77 (28.77)	100 m :	1:00.39 (31.62)	[1:00.39]	150 m :	1:36.13 (35.74)	200 m :	2:11.34 (35.21)	[1:10.95]
250 m :	2:51.69 (40.35)	300 m :	3:31.86 (40.17)	[1:20.52]	350 m :	4:04.51 (32.65)	400 m :	4:35.42 (30.91)	[1:03.56]
6.	ESPERNBERGER Paul	1999	AUT	AUSTRIAN SWIMMING FEDERATION	+0.73	4:36.95	682 pts		
50 m :	27.96 (27.96)	100 m :	1:00.14 (32.18)	[1:00.14]	150 m :	1:37.04 (36.90)	200 m :	2:13.70 (36.66)	[1:13.56]
250 m :	2:55.00 (41.30)	300 m :	3:36.57 (41.57)	[1:22.87]	350 m :	4:07.60 (31.03)	400 m :	4:36.95 (29.35)	[1:00.38]
7.	PENEDES Marti	1996	ESP	CATALANA/ CENTRE NATACIO MAMARO	+0.67	4:40.68	655 pts		
50 m :	29.00 (29.00)	100 m :	1:02.01 (33.01)	[1:02.01]	150 m :	1:39.67 (37.66)	200 m :	2:16.17 (36.50)	[1:14.16]
250 m :	2:55.49 (39.32)	300 m :	3:35.24 (39.75)	[1:19.07]	350 m :	4:08.61 (33.37)	400 m :	4:40.68 (32.07)	[1:05.44]
8.	VANMOEN Romain	2002	FRA	AS MONACO NATATION	+0.69	4:47.43	610 pts		
50 m :	30.66 (30.66)	100 m :	1:05.92 (35.26)	[1:05.92]	150 m :	1:43.07 (37.15)	200 m :	2:19.62 (36.55)	[1:13.70]
250 m :	3:00.99 (41.37)	300 m :	3:42.31 (41.32)	[1:22.69]	350 m :	4:15.51 (33.20)	400 m :	4:47.43 (31.92)	[1:05.12]
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