



**MARE NOSTRUM MONACO 2019**  
**MONACO**  
 from 08th to 09th June 2019 - 50m pool



**Results**

[FINA quotation]

**Records du 400 Nage Libre Dames**

Record du Monde: **3:56.46** LEDECKY Katie (1997) USA 07/08/2016 RIO DE JANEIRO  
 Record d'Europe: **3:59.15** PELLEGRINI Federica (1988) ITA 26/07/2009 ROME  
 Mare Nostrum Record : **4:02.84** MUFFAT Camille (1989) FRA 09/06/2013 MONACO  
 Monaco Record: **4:02.84** MUFFAT Camille (1989) FRA 09/06/2013 MONACO

**Prelim : 400 Freestyle Women**

[Sunday, 09/06/2019]

1.	PIGNATIELLO Delfina	2000	ARG	ARGENTINA SWIMMING FEDERATION	<b>4:08.34</b>	<b>863 pts</b>
	50 m : 28.99 (28.99)	100 m : 59.90 (30.91)	[59.90]	150 m : 1:31.00 (31.10)	200 m : 2:02.20 (31.20)	[1:02.30]
	250 m : 2:33.79 (31.59)	300 m : 3:05.61 (31.82)	[1:03.41]	350 m : 3:37.33 (31.72)	400 m : 4:08.34 (31.01)	[1:02.73]
2.	NAMBA Miyu	2002	JPN	JAPAN SWIMMING FEDERATION	<b>4:08.44</b>	<b>862 pts</b>
	50 m : 29.20 (29.20)	100 m : 1:00.99 (31.79)	[1:00.99]	150 m : 1:33.02 (32.03)	200 m : 2:04.78 (31.76)	[1:03.79]
	250 m : 2:36.41 (31.63)	300 m : 3:07.93 (31.52)	[1:03.15]	350 m : 3:38.45 (30.52)	400 m : 4:08.44 (29.99)	[1:00.51]
3.	SALAMATINA Valeria	1998	RUS	RUSSIE	<b>4:08.54</b>	<b>861 pts</b>
	50 m : 29.65 (29.65)	100 m : 1:00.59 (30.94)	[1:00.59]	150 m : 1:31.89 (31.30)	200 m : 2:03.70 (31.81)	[1:03.11]
	250 m : 2:35.19 (31.49)	300 m : 3:06.91 (31.72)	[1:03.21]	350 m : 3:38.83 (31.92)	400 m : 4:08.54 (29.71)	[1:01.63]
4.	ANDRUSENKO Veronika	1991	RUS	RUSSIE	<b>4:09.79</b>	<b>848 pts</b>
	50 m : 29.11 (29.11)	100 m : 1:00.67 (31.56)	[1:00.67]	150 m : 1:32.18 (31.51)	200 m : 2:03.82 (31.64)	[1:03.15]
	250 m : 2:35.27 (31.45)	300 m : 3:07.15 (31.88)	[1:03.33]	350 m : 3:38.72 (31.57)	400 m : 4:09.79 (31.07)	[1:02.64]
5.	FOOS Reva	1993	GER	SG FRANKFURT	<b>4:12.35</b>	<b>822 pts</b>
	50 m : 29.33 (29.33)	100 m : 1:01.34 (32.01)	[1:01.34]	150 m : 1:33.31 (31.97)	200 m : 2:05.46 (32.15)	[1:04.12]
	250 m : 2:37.24 (31.78)	300 m : 3:09.05 (31.81)	[1:03.59]	350 m : 3:41.07 (32.02)	400 m : 4:12.35 (31.28)	[1:03.30]
6.	HO Nam wai	2002	HKG	HONG KONG AMATEUR SWIMMING ASSOC...	<b>4:17.75</b>	<b>772 pts</b>
	50 m : 29.83 (29.83)	100 m : 1:01.39 (31.56)	[1:01.39]	150 m : 1:34.17 (32.78)	200 m : 2:06.61 (32.44)	[1:05.22]
	250 m : 2:39.68 (33.07)	300 m : 3:12.46 (32.78)	[1:05.85]	350 m : 3:45.57 (33.11)	400 m : 4:17.75 (32.18)	[1:05.29]
7.	ZAMORANO SANZ Africa	1998	ESP	FEDERACIO CATALANA DE NATACIO	<b>4:20.73</b>	<b>745 pts</b>
	50 m : 29.75 (29.75)	100 m : 1:01.77 (32.02)	[1:01.77]	150 m : 1:34.28 (32.51)	200 m : 2:07.36 (33.08)	[1:05.59]
	250 m : 2:40.39 (33.03)	300 m : 3:13.93 (33.54)	[1:06.57]	350 m : 3:47.66 (33.73)	400 m : 4:20.73 (33.07)	[1:06.80]
8.	MEDER Rebecca	2002	RSA	SOUTH AFRICA	<b>4:20.99</b>	<b>743 pts</b>
	50 m : 29.78 (29.78)	100 m : 1:02.52 (32.74)	[1:02.52]	150 m : 1:35.63 (33.11)	200 m : 2:08.66 (33.03)	[1:06.14]
	250 m : 2:41.85 (33.19)	300 m : 3:15.22 (33.37)	[1:06.56]	350 m : 3:48.72 (33.50)	400 m : 4:20.99 (32.27)	[1:05.77]
9.	BAROCSAI Petra	2001	HUN	HUNGARIAN SWIMMING ASSOCIATION	<b>4:21.18</b>	<b>742 pts</b>
	50 m : 30.66 (30.66)	100 m : 1:03.90 (33.24)	[1:03.90]	150 m : 1:37.11 (33.21)	200 m : 2:10.41 (33.30)	[1:06.51]
	250 m : 2:43.57 (33.16)	300 m : 3:16.84 (33.27)	[1:06.43]	350 m : 3:49.66 (32.82)	400 m : 4:21.18 (31.52)	[1:04.34]
10.	SCOTT Sandra	1998	FIN	FINNISH SWIMMING ASSOCIATION	<b>4:21.37</b>	<b>740 pts</b>
	50 m : 30.93 (30.93)	100 m : 1:03.99 (33.06)	[1:03.99]	150 m : 1:37.29 (33.30)	200 m : 2:10.47 (33.18)	[1:06.48]
	250 m : 2:43.68 (33.21)	300 m : 3:16.71 (33.03)	[1:06.24]	350 m : 3:49.42 (32.71)	400 m : 4:21.37 (31.95)	[1:04.66]
11.	MEDER Abigail elizabeth	2000	RSA	SOUTH AFRICA	<b>4:23.29</b>	<b>724 pts</b>
	50 m : 31.17 (31.17)	100 m : 1:04.20 (33.03)	[1:04.20]	150 m : 1:37.14 (32.94)	200 m : 2:10.09 (32.95)	[1:05.89]
	250 m : 2:43.37 (33.28)	300 m : 3:16.97 (33.60)	[1:06.88]	350 m : 3:50.36 (33.39)	400 m : 4:23.29 (32.93)	[1:06.32]
12.	BARNIET Lou-Anne	2002	FRA	EQUIPE DE FRANCE JUNIORS (SAINT-...	<b>4:25.67</b>	<b>705 pts</b>
	50 m : 30.58 (30.58)	100 m : 1:03.38 (32.80)	[1:03.38]	150 m : 1:36.78 (33.40)	200 m : 2:10.54 (33.76)	[1:07.16]
	250 m : 2:44.05 (33.51)	300 m : 3:18.27 (34.22)	[1:07.73]	350 m : 3:52.15 (33.88)	400 m : 4:25.67 (33.52)	[1:07.40]
13.	BELLINGAN Kristin	1998	RSA	SOUTH AFRICA	<b>4:25.74</b>	<b>704 pts</b>
	50 m : 31.21 (31.21)	100 m : 1:04.57 (33.36)	[1:04.57]	150 m : 1:37.80 (33.23)	200 m : 2:11.32 (33.52)	[1:06.75]
	250 m : 2:44.71 (33.39)	300 m : 3:18.33 (33.62)	[1:07.01]	350 m : 3:52.02 (33.69)	400 m : 4:25.74 (33.72)	[1:07.41]
14.	RICCI Nicole	2004	ITA	SWIMMING LUXEMBOURG	<b>4:25.75</b>	<b>704 pts</b>
	50 m : 30.05 (30.05)	100 m : 1:02.12 (32.07)	[1:02.12]	150 m : 1:35.61 (33.49)	200 m : 2:09.32 (33.71)	[1:07.20]
	250 m : 2:43.73 (34.41)	300 m : 3:18.06 (34.33)	[1:08.74]	350 m : 3:52.64 (34.58)	400 m : 4:25.75 (33.11)	[1:07.69]
15.	BEAVON Kate	2000	RSA	SOUTH AFRICA	<b>4:27.74</b>	<b>688 pts</b>
	50 m : 30.40 (30.40)	100 m : 1:02.63 (32.23)	[1:02.63]	150 m : 1:35.87 (33.24)	200 m : 2:09.66 (33.79)	[1:07.03]
	250 m : 2:43.93 (34.27)	300 m : 3:18.68 (34.75)	[1:09.02]	350 m : 3:53.51 (34.83)	400 m : 4:27.74 (34.23)	[1:09.06]
16.	TANG Tsoi Lam Katii	2001	HKG	HONG KONG AMATEUR SWIMMING ASSOC...	<b>4:38.52</b>	<b>611 pts</b>
	50 m : 31.60 (31.60)	100 m : 1:06.09 (34.49)	[1:06.09]	150 m : 1:41.71 (35.62)	200 m : 2:17.64 (35.93)	[1:11.55]
	250 m : 2:53.77 (36.13)	300 m : 3:29.86 (36.09)	[1:12.22]	350 m : 4:04.70 (34.84)	400 m : 4:38.52 (33.82)	[1:08.66]
---	COETZEE Dune	2002	RSA	SOUTH AFRICA	<b>DNS</b>	<b>dec</b>
---	DUMONT Valentine	2000	BEL	FFBN	<b>DNS</b>	<b>dec</b>