



MARE NOSTRUM MONACO

MONACO
from 29th to 30th May 2021 - 50m pool



Results

[FINA quotation]

Records du 400 Nage Libre Messieurs

Monaco Record: **3:41.71** THORPE Ian (1982) AUS 12/06/2001 MONACO
Mare Nostrum Record: **3:41.71** THORPE Ian (1982) AUS 12/06/2001 MONACO

Prelim : 400 Freestyle Men

[Saturday, 29/05/2021]

1.	HAFNAOUI Ahmed-Ayoub	2002	TUN	TUNISIENNE DE NATATION	+0.72	3:47.79	901 pts		
50 m :	26.63 (26.63)	100 m :	54.83 (28.20)	[54.83]	150 m :	1:23.87 (29.04)	200 m :	1:52.68 (28.81)	[57.85]
250 m :	2:21.50 (28.82)	300 m :	2:50.47 (28.97)	[57.79]	350 m :	3:19.75 (29.28)	400 m :	3:47.79 (28.04)	[57.32]
2.	POTHAIN Jordan	1994	FRA	OLYMPIC NICE NATATION	+0.62	3:51.56	858 pts		
50 m :	25.86 (25.86)	100 m :	54.52 (28.66)	[54.52]	150 m :	1:23.37 (28.85)	200 m :	1:52.72 (29.35)	[58.20]
250 m :	2:22.27 (29.55)	300 m :	2:51.70 (29.43)	[58.98]	350 m :	3:21.59 (29.89)	400 m :	3:51.56 (29.97)	[59.86]
3.	FONTAINE Logan	1999	FRA	CLUB DES VIKINGS DE ROUEN	+0.71	3:52.65	846 pts		
50 m :	27.32 (27.32)	100 m :	56.52 (29.20)	[56.52]	150 m :	1:25.63 (29.11)	200 m :	1:55.12 (29.49)	[58.60]
250 m :	2:24.56 (29.44)	300 m :	2:54.32 (29.76)	[59.20]	350 m :	3:23.89 (29.57)	400 m :	3:52.65 (28.76)	[58.33]
4.	LAGILI Mehdi	1997	TUN	CERCLE NAGEURS D'ANTIBES	+0.72	3:53.02	842 pts		
50 m :	27.38 (27.38)	100 m :	56.41 (29.03)	[56.41]	150 m :	1:26.09 (29.68)	200 m :	1:56.06 (29.97)	[59.65]
250 m :	2:25.41 (29.35)	300 m :	2:54.97 (29.56)	[58.91]	350 m :	3:24.60 (29.63)	400 m :	3:53.02 (28.42)	[58.05]
5.	D'ORIANO Nicolas	1997	FRA	CERCLE NAGEURS D'ANTIBES	+0.65	3:56.52	805 pts		
50 m :	27.59 (27.59)	100 m :	56.68 (29.09)	[56.68]	150 m :	1:26.60 (29.92)	200 m :	1:56.45 (29.85)	[59.77]
250 m :	2:25.89 (29.44)	300 m :	2:56.42 (30.53)	[59.97]	350 m :	3:26.56 (30.14)	400 m :	3:56.52 (29.96)	[1:00.10]
6.	ZITOUNI Fares	1999	FRA	CLUB DES VIKINGS DE ROUEN	+0.67	3:59.26	778 pts		
50 m :	27.42 (27.42)	100 m :	56.98 (29.56)	[56.98]	150 m :	1:26.92 (29.94)	200 m :	1:57.23 (30.31)	[1:00.25]
250 m :	2:27.35 (30.12)	300 m :	2:57.98 (30.63)	[1:00.75]	350 m :	3:28.74 (30.76)	400 m :	3:59.26 (30.52)	[1:01.28]
7.	BEAUGRAND Paul	2000	FRA	CERCLE NAGEURS D'ANTIBES	+0.69	3:59.31	777 pts		
50 m :	27.91 (27.91)	100 m :	57.90 (29.99)	[57.90]	150 m :	1:28.43 (30.53)	200 m :	1:58.65 (30.22)	[1:00.75]
250 m :	2:29.23 (30.58)	300 m :	2:59.74 (30.51)	[1:01.09]	350 m :	3:30.56 (30.82)	400 m :	3:59.31 (28.75)	[59.57]
8.	KHALIL Adib	2002	LBN	AS. SP. MONACO NATATION	+0.64	3:59.59	774 pts		
50 m :	28.09 (28.09)	100 m :	58.09 (30.00)	[58.09]	150 m :	1:28.26 (30.17)	200 m :	1:58.72 (30.46)	[1:00.63]
250 m :	2:29.07 (30.35)	300 m :	2:59.52 (30.45)	[1:00.80]	350 m :	3:30.33 (30.81)	400 m :	3:59.59 (29.26)	[1:00.07]
9.	OUMAILIA Enzo	2005	FRA	AS. SP. MONACO NATATION	+0.64	4:09.61	685 pts		
50 m :	28.87 (28.87)	100 m :	59.78 (30.91)	[59.78]	150 m :	1:32.34 (32.56)	200 m :	2:04.47 (32.13)	[1:04.69]
250 m :	2:36.20 (31.73)	300 m :	3:08.34 (32.14)	[1:03.87]	350 m :	3:39.93 (31.59)	400 m :	4:09.61 (29.68)	[1:01.27]
10.	KHALIL Gaël	2004	FRA	AS. SP. MONACO NATATION	+0.69	4:10.80	675 pts		
50 m :	29.89 (29.89)	100 m :	1:01.66 (31.77)	[1:01.66]	150 m :	1:33.93 (32.27)	200 m :	2:05.82 (31.89)	[1:04.16]
250 m :	2:36.99 (31.17)	300 m :	3:08.51 (31.52)	[1:02.69]	350 m :	3:39.63 (31.12)	400 m :	4:10.80 (31.17)	[1:02.29]
11.	DRUENNE Théo	2005	MON	FEDERATION MONEGASQUE DE NATATIO...	+0.77	4:14.10	649 pts		
50 m :	29.19 (29.19)	100 m :	1:00.87 (31.68)	[1:00.87]	150 m :	1:33.35 (32.48)	200 m :	2:06.02 (32.67)	[1:05.15]
250 m :	2:38.66 (32.64)	300 m :	3:10.97 (32.31)	[1:04.95]	350 m :	3:44.07 (33.10)	400 m :	4:14.10 (30.03)	[1:03.13]
---	BANDUROV Vladimir	2005	UKR	AS. SP. MONACO NATATION		DNS dec			
---	GHAFFARI Med Aziz	2000	TUN	TUNISIENNE DE NATATION		DNS dec			
---	MAHMOUD Ahmed	1996	EGY	SHOOTING CLUB EGYPT		DNS dec			
---	ZIRK Kregor	1999	EST	ESTONIAN SWIMMING FEDERATION		DNS dec			